



# Sunfish Swimming 2017

A Ministry of the Benedictine Sisters of VA

**What:** Swim lessons for ages 3 to Adult!

**Where:** On the grounds of the Benedictine Sisters of Virginia 9535 Linton Hall Road, Bristow, VA

**When:** Classes begin June 19th!

- Registered Linton Hall Campers will receive a 20% discount!
- \$85 per student per session for group instruction (Age 3 to Adult) up to four per group
- \$100 per student per session for private instruction
- Children ages 3 and 4 that cannot stand safely in the 3 ½ feet receive private instruction
- Each session is five consecutive 30 minute lessons, Monday through Friday
- Children must be toilet trained and be at least 3 years old. A parent or accompanying adult must stay on the grounds during the swim lesson.

Session Dates:

Times:

Session #1 June 19 - June 23

8:00 AM, 8:45 AM, 9:30 AM, 10:15 AM

Session #2 June 26 - June 30

8:00 AM, 8:45 AM, 9:30 AM, 10:15 AM

**NEW LATE AFTERNOON SESSIONS!! (July 10-21 only)**

**Session #3 July 10 - July 14**

**3:00 PM, 3:45 PM, 4:30 PM, 5:15 PM**

**Session #4 July 17 - July 21**

**3:00 PM, 3:45 PM, 4:30 PM, 5:15 PM**

Session #5 July 24 - July 28

8:00 AM, 8:45 AM, 9:30 AM, 10:15 AM

Session #6 July 31 - Aug 4

8:00 AM, 8:45 AM, 9:30 AM, 10:15 AM

For more information, or to register please visit our website at  
[swim4sunfish.com](http://swim4sunfish.com) or email the program director at  
[swim4sunfish@gmail.com](mailto:swim4sunfish@gmail.com)